



# Funshine Children's Center

SEPTEMBER 2018

## Sr. Pre K Newsletter

With the arrival of September and the start of a new school year, we would like to welcome all of you to Sr. Pre!

We are very excited to have you with us this year! We will learn many exciting and new things and we'll make it as fun as possible. We believe learning should be fun and it can be done anywhere! Encourage your child to find shapes and colors in their world. Ask them to tell you a story at bedtime. Take a walk and have them close their eyes and tell you what they hear. When their little minds are working, you never know what will come next!

The first week we will look at is Health and Fitness. We will talk about the many ways to stay fit and healthy. We will learn the difference between healthy foods and junk foods. We will also discuss the different ways we like to get fit and stay healthy with our family!

Next is Cooking Week; let's get measuring and mixing and see what we can create! We will be making our own snacks this week!

The following week's theme will be Food Groups. What foods should we eat to keep our bodies healthy and energized? What foods slow us down? We will take

a closer look at the foods we eat and what groups they belong in.

Our last theme will be Apples! This is a great theme because we will get a chance to learn about apples as we adventure to Stuckey Farms. We will get to taste freshly picked apples and the sweet taste of apple cider.

We will also begin 'the letter of the week' and show and tell. The first letter will be M and on Tuesday September 4<sup>th</sup> will be our first show and tell. If possible, please bring in something that corresponds to the letter of the week.

Finally, we will try out some fun ways to exercise. We'll do some yoga, aerobics, dancing, and whatever else we can to get our bodies moving!

We look forward to this next year with you all and the many exciting and fun things we will learn and explore. Thank you for taking this journey with us!

Ms. Wendy & Ms. Sofia

### Grandparents Day - Friday 7<sup>th</sup>

We would like to invite all of the Grandmas and Grandpas (or other family members) to visit their grand children at school from 10:00-11:00! We will have crafts that they can enjoy together and join in the fun of their morning activities!



### Stuckey Farm Field Trip-Thursday 20<sup>th</sup>

We will be going on our annual Fall field trip to Stuckey Farm on Tuesday, September 12<sup>th</sup>! Please be sure to fill out the permission form that will be provided. We will also have a sign-up sheet for chaperones on your child's classroom door... we would love to have you come along with us!

#### Important Dates:

- 9/3- Labor Day (Funshine Closed)
- 9/6- Dr. Seuss Show
- 9/7- Grandparents Day
- 9/17 - Dental Hygiene
- 9/19- Indy Parks Visit